



State What You Appreciate

Description

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An interactive hand-clapping game where the group learns more about each other.

Supplies

- No supplies needed

How to Play

1. Have students sit in a circle.
2. Instruct students to hold out their hands with their palms facing up and their hands touching their neighbors. Their left hand is on top of the student's right hand that is sitting next to them on the left.
3. For each round, call out a random number and pick a student to start. That student calls out "one" and moves their left hand over to clap the person's hand that is on top of their right hand.
4. Continue this around the circle until they have counted to the number that you called out.
5. Once it gets to the number called, that student answers their preference to one of the topics on the next page.
6. Possible topics:
 - Favorite color
 - Favorite outfit
 - Favorite shoes
 - What you want for your birthday
 - Favorite restaurant
 - Favorite lunch served at school

- Best present you ever received
- 7. Throughout the game, ask who also has the same preference. If time permits ask several students about their different answers.
- 8. Continue playing, calling out different numbers, until time is up.

Activity Prompts for Reflection

- What is something new you learned about someone else today?
- Did you hear anyone share anything that was particularly unique?
- What was something you had in common with someone else in the group?
- What was something that was different about you from the rest of the group?

Other Ways to Play

- After a student shares on a topic, have students show if they share the same answer by snapping or clapping in agreement.
- Make it more challenging by having students count by multiples when clapping around the circle.

Additional Notes

- Use the [SEL Activity Prompts](#) to tie other SEL competencies to this activity.
- If your students are already familiar with each other, you can make the questions more complex to deepen their relationships with each other.

Category

1. Activities
2. Social Awareness

Sel-competency

1. Social Awareness

Allotted-time

1. 15 minutes

Themes

1. Get to Know You
2. No Supplies Needed